



P&C Association

WORONGARY STATE SCHOOL TUCKSHOP MENU - Effective Term 1, 2019

OPEN: Monday-Friday 8:30am-2:00pm DIRECT DIAL PHONE: 5502 4426



P&C Association

*****Should your child have a food allergy, please ensure that this is clearly written on the bag or explained to tuckshop staff*****

★ SANDWICHES wholemeal or white bread *GF options*

Sandwich Extras - Toasted	add \$0.30
- Upgrade to Lavash wrap or Bread roll	add \$0.80
- GF bread (sandwich fillings GF except vegemite)	add \$0.80
- Salad ingredient, cheese, onion	add \$0.50
Vegemite/Jam/Honey	\$1.50
Cheese	\$1.70
Egg & Mayo	\$2.50
Egg, Lettuce & Mayo	\$2.80
Ham	\$2.70
Ham & Cheese	\$3.20
Chicken & Mayo	\$3.20
Salad (lettuce, tomato, cucumber, carrot, beetroot, alfalfa)	\$3.50
Chicken or Ham with Salad	\$5.00

★ BURGERS & SPECIALTY SANDWICHES

Beef Burger beef, lettuce, tomato, carrot, tom/bbq sauce	\$4.50
Cheeseburger beef, cheese, lettuce, tomato, carrot, sauce	\$5.00
Chicken Burger chicken, lettuce, tomato, carrot, mayo ..	\$4.70
Veggie Burger lentil pattie, lettuce, tomato, carrot, sauce	\$5.00
Toasted Delta Deli Wrap (chicken tender or veggie pattie) with lettuce, tomato, cheese, caesar dressing or mayo	\$5.00
Pork Slider	1 for \$4.00
Pulled pork, rainbow slaw and smokey BBQ sauce	2 for \$7.00

★ SALADS

<i>GF</i> Salad Bowl with Egg & Cheese	\$3.50
Chicken Caesar Salad	\$4.00
Chicken or Ham Salad Plate with Egg & Cheese (S)	\$4.00
(add 50c for tub of dressing - choose French or Caesar) (L)	\$6.50

GF COLD DRINKS

Bottled Water 600ml	\$1.50
Fresh Milk 300ml	\$1.50
Flavoured Milk 300ml (chocolate or strawberry)	\$2.00
Bottled Juice 200ml (apple, orange or app/blackcurrant)	\$2.00

HOT FOOD

<i>GF</i> ★ Butter Chicken (on Basmati Rice)	\$4.00
Chicken Wedges (with sweet corn tub or carrot sticks) ..	\$4.00
★ Fried Rice	\$3.50
Hot Dog with choice of sauce (tom/bbq/mustard)	\$3.00
Hot Dog/Cheese with sauce (tom/bbq/mustard)	\$3.50
Meat Pie	Small ... \$2.20 ... <i>or</i> ... Large ... \$3.50
Potato Wedges (topped with chicken, corn & cheese)	\$4.00
Sausage Roll	\$3.00
★ Spaghetti Bolognese	\$4.00
<i>GF</i> Sweet Corn Tub	\$1.00
Vegetable Pastie	\$3.50

EVERYDAY MEAL DEALS

Pie Deal - Small Pie, Popcorn, Grapes (fresh or frozen) ..	\$4.50
Italian Deal - Spaghetti Bolognese & Bottled Juice ...	\$5.50
Burger Deal - Chicken Burger & Any Drink	\$6.00

GF FRESH FRUIT

Orange Wedges (2 pieces)	\$0.50
Fresh Banana, Watermelon Slice <i>or</i> Apple (whole) ..	\$1.20
Fresh Grapes (100ml tub) <i>or</i> Apple Slinky	\$1.50
★ Fruit Salad	Small ... \$1.60 ... <i>or</i> ... Large ... \$3.00

SNACKS

<i>GF</i> Boiled Egg	\$1.00
<i>GF</i> Custard Cup 100g	\$1.20
<i>GF</i> Yoghurt 100g (strawberry or vanilla)	\$1.20
Munch Pack (cheese + crackers)	\$1.50
<i>GF</i> Crunch Pack (carrot sticks + grapes + cheese)	\$1.70
<i>GF</i> Traffic Light (carrot/cucumber sticks, mini tomatoes) ..	\$2.00
★ ANZAC Biscuit	\$0.80
<i>GF</i> ★ Popcorn	\$1.00
★ Pikelets (pack of 2)	\$1.50
<i>GF</i> ★ Chocolate Brownie Bites	\$1.60
Muffin (★banana, blueberry, apple, ★savoury cheese) ...	\$1.80

EXTRAS

Brown Paper Bag (free with <u>Online</u> ordering)	\$0.10
Roll of 25 Brown Paper Bags	\$2.00
Extra Plastic Fork or Spoon	\$0.10
Sauce Sachet (tomato/bbq/sweet & sour/sweet chilli) ..	\$0.30
Sour Cream	\$0.50

GF FROZEN TREATS

Collect at Second Break Playtime with Prepaid Bag

Frozen Orange Wedges (2 pieces)	\$0.50
★ Iceberg (frozen cube of yoghurt and fruit)	\$0.50
Frozen Fruit Stick (99% fruit juice)	\$1.00
Frozen Juice Cup (apple, orange or app/blackcurrant) ..	\$1.00
Lemonade Bar	\$1.00
Frozen Yoghurt 100g (strawberry or vanilla)	\$1.20
Mini Calippo (raspberry pineapple flavour)	\$1.20
Frozen Grapes	\$1.50
The Flash (tangy raspberry and pineapple)	\$1.50
Scooby Doo Milk Bar (chocolate, caramel or banana) ..	\$1.80
Split (mango or raspberry)	\$2.20

BIRTHDAY CELEBRATION BASKETS \$25.00 each

Birthday celebration baskets are available for children to celebrate birthdays with their class. Order online, by phone or in person.

- 1: Frozen Treat Medley** (mini calippos, lemonade bars & frozen juice)
 - 2: Baked Goodie Basket** (ANZAC biscuits, choc brownies & muffins)
- Includes one item per student & one for the teacher.*

BIRTHDAY CELEBRATION EXTRAS

If ordering a Birthday Celebration Basket, you can add one of the following packs to complete your child's day:

- 1: First Break Lunch Box** (choose one hot food item & drink) **\$ 5.00**
 - 2: All Day Lunch Box with Tuckshop Voucher**
- \$10.00**
Choose any hot food item, drink, snack and fruit item (excl. large fruit salad) *PLUS* receive a return voucher for a frozen treat or baked goodie.

★ *Made on site using fresh ingredients and local produce, where possible*

GF *Gluten free items - suitable for coeliacs*

Our menu is compliant with the Government Smart & Healthy Food and Drink Strategy

BREAKFAST MENU

Available 8:30am - 8:50am

Cash only (not available online). No bag required

TUMMY FILLERS

★ Toasted Cheese Sandwich	\$2.00
<i>GF</i> Toasted Cheese Sandwich	\$2.80
★ Pikelets (pack of 2)	\$1.50
Add sachet of honey or jam	\$0.50
<i>GF</i> Boiled Egg	\$1.00
<i>GF</i> Custard Cup	\$1.20
<i>GF</i> Yoghurt 100g (strawberry or vanilla)	\$1.20

GF FRESH FRUIT

Fresh Banana/Watermelon/Apple (whole) ..	\$1.20
Tub of Grapes	\$1.50
★ Fruit Salad ... (Small) ...\$1.60 or (Large) ...	\$3.00

GF COLD DRINKS

Bottled Water 600ml	\$1.50
Fresh Milk 300ml	\$1.50
Flavoured Milk 300ml (chocolate or strawberry)	\$2.00
Bottled Juice 200ml	\$2.00

(apple, orange apple/blackcurrant)



Hot Chocolate
\$2.50

**Our menu is compliant with the Government Smart
& Healthy Food and Drink Strategy**

HOW TO ORDER TUCKSHOP

Manual and online ordering are available. Online is preferred.

ONLINE ORDERING (Preferred)

- On our school website, click on the link for "SCHOOLSHOP ONLINE" and follow the steps to set up an account.
- Note: Brown paper lunch bag provided for online orders.
- For more information, come and see us in the Tuckshop.

MANUAL ORDERING

- Use a separate brown paper bag for each break (available from tuckshop for 10c each or \$2 for 25).
- Write out orders on each bag as per the example on the right.
- Place money in bag and fold to secure. Please no staples or tape.
- Your child can then place their order in the appropriate tuckshop basket in their classroom.

Example:

First Break	
Child's Name – Class	
Cheese sandwich	\$1.70
Toasted	\$0.30
Chocolate milk	\$2.00
	\$4.00
\$5.00 in bag	
\$1.00 change	



VOLUNTEERS APPRECIATED

If you are interested in joining our Tuckshop Team, please feel free to stop by or call us to find out what's involved.

Ask for Michelle or Jasmine ☺

ADDITIONAL INFORMATION

- **Should your child have a food allergy, please ensure that this is clearly written on the bag or explained to the tuckshop staff.**
- Tuckshop is closed on the last day of each Term.
- Substitute items may be given if incorrect money supplied or stock unavailable.
- **Frozen items are not put into lunch bags.** Please order at First Break and children can collect from the Tuckshop at the Second Break playtime by presenting their prepaid bag. For Years 1-6, over the counter purchase is available at both breaks during playtimes.
Notes greater than \$5 are not permitted at this time.

OVER THE COUNTER MENU

Available to Years 1-6 only at Playtimes:

11:00am-11:15am & 1:40pm-1:55pm

Cash \$5.00 and under only

GF FROZEN ITEMS

Frozen Orange Wedges (2 pieces)	\$0.50
★ Iceberg (frozen cube of yoghurt and fruit)	\$0.50
Frozen Fruit Sticks (99% fruit juice)	\$1.00
Frozen Juice Cup (apple, orange, app/blackcurrant)	\$1.00
Lemonade Bar	\$1.00
Frozen Yoghurt 100g (strawberry or vanilla)	\$1.20
Mini Calippo (raspberry/pineapple)	\$1.20
Frozen Grapes	\$1.50
The Flash (tangy raspberry and pineapple)	\$1.50
Scooby Doo Milk Bar (choc, caramel, or banana)..	\$1.80
Split (mango or raspberry)	\$2.20

SNACK ATTACK

★ ANZAC Biscuit	\$0.80
<i>GF</i> Boiled Egg	\$1.00
<i>GF</i> Custard Cup 100g	\$1.20
<i>GF</i> Yoghurt 100g (strawberry or vanilla)	\$1.20

GF FRESH FRUIT

Orange Wedges (2 pieces)	\$0.50
Fresh Banana, Watermelon or Apple (whole) ...	\$1.20
Tub of Grapes	\$1.50
★ Fruit Salad ... (Small) ...\$1.60 or (Large)	\$3.00

GF COLD DRINKS

Bottled Water 600ml	\$1.50
Fresh Milk 300ml	\$1.50
Flavoured Milk 300ml (chocolate or strawberry) ..	\$2.00
Bottled Juice	\$2.00

(apple, orange, apple/blackcurrant)